



Housatonic Boat Club  
Junior Sailing Program Overview & Fees - 2023

The Housatonic Boat Club Junior Sailing Program offers a 7 week session to kids ages 8-18. As a small program, we are limited to the number of participants and priority will go to HBC members first, followed by returning sailors. The Club provides a fleet of 420s, Lasers, a Feva and Mercurys for use by the Junior Sailing Program. Students may use their own boats, subject to inspection by the Head Instructor. If your sailor is interested in participating in JSA Regattas at various Clubs on Long Island Sound, please indicate that on the registration form. We will discuss details needed for entering regattas prior to the start of the summer. If your sailor is a beginner, they should sign up for the morning session or both morning and afternoon. If your sailor is intermediate or advanced they may join for the whole day or just the afternoon. Please note that during the morning session advanced students may be asked to help out beginner sailors. Be sure to check off your sailing experience so we can get your child in the correct session, AM or PM. Throughout the season, we will hold several fun events including, two "sail by" nights with sailing demonstrations and dinner, a Big Boat Day and the annual end of season cookout and awards. Thank you for your interest in the Housatonic Boat Club Junior Sailing Program!

**Dates:** June 26 - August 11, Mondays thru Fridays, including July 4th

**Time:** Full day sailing instruction: 8:30-5:00 | Half-day instruction: 8:30-12:15 and 1:15-5:00

There will be supervision from the Instructors during the midday break, however there will be no programming during that time, lunch is not provided.

**Location:** The Junior Sailing Program is located on the South Pier at the Housatonic Boat Club, 51 Shore Road, Stratford CT, (off Elm Street)

**Instructors:** Our qualified instructors are trained through the US Sailing Instructor's Program, with a US Sailing Certificate. All instructors are required to have First-Aid and CPR certifications. Instructors will cover elements of Small Boat Sailing Skills, such as understanding rigging, wind directions, tacking, jibing, capsize/recovery, knot tying, rules of the road, racing and more!

**Program Costs for 2023**

**Registration Fee:** \$125 (one child registered), \$170 (two children registered), \$200 (three or more children registered) Included in registration fee is JSA membership, year-end cookout and awards plus events throughout the summer, and long sleeve tech shirt.

- HBC Members:
  - Full Day: \$1633 (first child), \$1469 (each additional child from same household)
  - Half Day: \$1076 (first child), \$968 (each additional child from same household)
- Non-HBC Members:
  - Full Day: \$2255 (first child), \$2046 (each additional child from same household)
  - Half Day: \$1458 (first child), \$1328 (each additional child from same household)



Housatonic Boat Club  
Junior Sailing Program Registration

Session enrollment will be limited in numbers and spots will go to HBC members first, followed by returning sailors.

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

HBC Member: Yes or No

Returning Student: Yes or No

Prior sailing experience: (circle one) New to sailing Beginner (sailed before) Intermediate  
Advanced

Interested in racing: Yes or No

Shirt size: S, M, L, XL (please indicate - Youth or Adult)

Please mark which session you are interested in (AM/PM) and also indicate if you are flexible to move to a different session if not signing up for both AM/PM

\_\_\_\_\_

Parent's or Guardian's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone to be reached at: \_\_\_\_\_ circle one: cell home work

If you have any questions, or would like to see the facilities at HBC, please call or text Erin Wojdaszka, Chair Jr Sailing Committee @ 203-570-5221. We can't wait to have you join us for a Summer of sailing and fun!

Fill out ALL the forms contained below and return to the address below, or scan and email to: [ewojdaszka@icloud.com](mailto:ewojdaszka@icloud.com). Please use separate forms if you have more than one child registering.

Make check payable to:

Housatonic Boat Club, Inc and mail to:

Housatonic Boat Club

c/o Junior Sailing Program

PO Box 694

Stratford, CT 06615

Each item below is DUE with the Application(s):

- Payment in full (via check and sent in the mail)
- Junior Sailing Waiver/Media Consent/Courtesy and Respect Agreement
- Housatonic Boat Club Junior Sailing Information Sheet



**HBC Junior Sailing Program sailors must have, and use, the following items every day:**

- Properly-fitting U.S. Coast Guard approved life jacket with the child's name clearly visible on front and back.
- Sunglasses/Hat (Something to keep them tethered is a good idea)
- Sunscreen • Bathing-suit • Shirt • Hat
- Closed-toed shoes/footwear (NO flip flops)
- Water bottle (Water is very important to avoid dehydration out in the sun while sailing)
- Light Jacket or sweatshirt for cool days (Especially first thing in the morning)
- Rain coat on those occasional rainy days. (We still hold class/will do shore side activities)
- For safety - afternoon sailors sailing 420's need an emergency quick webbing cutter such as: Gill Harness Rescue Tool or Spinlok Safety knife. Available at West Marine in Stratford or [boatlocker.com](http://boatlocker.com) and [landfallnavigation.com](http://landfallnavigation.com)

On the first day of the program, a basic swimming test will be conducted with all the children.



**Waiver:** We, the undersigned being an applicant for admission to the Housatonic Boat Club Junior Sailing Program and a parent/guardian of the applicant, do hereby acknowledge that participation in the Sailing Program and/or Racing Program poses certain inherent risks which cannot be avoided and acknowledge that we are accepting those risks.

In consideration of the acceptance of applicant's application, we release and forever discharge the Housatonic Boat Club, its Officers, its Board of Directors, its Junior Sailing Program Committee, their servants, agents, and employees, from any claim for property damage, illness, injury or death arising out of or during the course of any participation in the Junior Sailing Program.

We represent that we have and will maintain sufficient coverage under our homeowner's or tenant's liability insurance policy for any negligent acts of the applicant in his/her pursuance of Program activities.

We further certify that, to the best of our knowledge, the applicant is in good physical condition and suffers from no physical, emotional or mental impairment, which would adversely affect his/her ability to safely participate in sailing activities.

Student Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

**Media Consent:** On occasion, photographs may be used by Housatonic Boat Club, Junior Sailing on their website [www.housatonicboatclub.com](http://www.housatonicboatclub.com), social media or within local publications. I understand that no names will be used.

- I consent
- I do not consent

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**COURTESY & RESPECT AGREEMENT:** Courtesy, respect for others, their property and good behavior are required at all times. Fighting, use of inappropriate language, bullying or other intimidating or harassing behavior is strictly prohibited and may lead to suspension from a lesson(s) or potentially dismissal from the program (no refund). Students are expected to follow the instructions of the Instructors, Head Instructor, Junior Sailing Committee Chair and the Junior Adviser. The decision of the Head Instructor/Committee Chair/Junior Adviser is final.

I have read, understand and agree to follow the "Courtesy & Respect" agreement of Housatonic Boat Club, Junior Sailing Program.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_



### Housatonic Boat Club Junior Sailing Information Sheet

<b>Sailor:</b>				
	Name		Birthdate:	
	Address		Nickname:	
	City/State/Zip		Home Number:	
	Email		Cell Number:	
<b>Mother</b>	<input type="checkbox"/> <b>Check if the same as above</b>			
	Address:		Home #	
	City/State/Zip		Cell #	
	Email:			
<b>Father</b>	<input type="checkbox"/> <b>Check if the same as above</b>			
	Address:		Home #	
	City/State/Zip		Cell #	
	Email:			
<b>Emergency Contacts</b>				
	Name:		Name:	
	Relationship		Relationship	
	Daytime #		Daytime #	
	Alternate #		Alternate #	
<b>Medical</b>				
	Physician		Insurance Co.	
	Physician's #		Policy #	
	Insured Name		Group #	
<b>Medical Conditions</b>				



## Important things to remember!!!

**COVID:** The Housatonic Boat Club and the Junior Sailing Program continues to monitor the COVID-19 situation. The Club abides by all COVID-19 rules set by the Governor of CT.

**ATTENDANCE:** Please be on time each day for drop off and pick up. Instructors are not expected to stay beyond 5:00 PM. If you will be arriving late or not coming on a specific day we kindly ask you to let us know in advance. Please call or text Erin Wojdaszka, Chair Jr Sailing Committee @ 203-570-5221 if your child will need to miss a day or if they will be away on vacation.

**MEDICATIONS:** Housatonic Boat Club employees are NOT allowed to dispense any medications to sailors, except basic first aid. Sailors are responsible for taking their own medicine. Parent/Guardian must notify the Head Instructor and Jr Sailing Committee Chair of children that need to take medicine during program hours.

**NUT ALLERGIES:** Although we can not guarantee a nut free environment, parents are asked to please refrain from giving students any food and beverage products that may contain NUTS. The safety of all our sailors is our top priority. If your child has an allergy, we require they be able to administer their own EpiPen in case of an emergency. They must have their EpiPen with them each day.

**EMERGENCY:** In case of an emergency, parents and/or the emergency contact will be notified. However, the Housatonic Boat Club Junior Sailing Program is not responsible for notifying appropriate parent/guardian due to insufficient or inaccurate information on the registration form. If any information changes at any point, it is the responsibility of the parent/guardian's responsibility to notify the Junior Sailing Committee Chair.

**CELL PHONE POLICY:** The use of cell phones and/or electronic devices is strictly prohibited during program hours. Should you need to contact your junior sailor during Program hours, please contact the Head Instructor (contact information to be provided prior to the start of the season) or Erin Wojdaszka, Jr Sailing Committee Chair @ 203-570-5221. The Housatonic Boat Club is not responsible for any lost, damaged or stolen devices.